

MESSAGE NOTES

August 23, 2009

Heart Check: Repentance
Proverbs 28:13
Pastor Jeff Neilsen

- God leaves _____ examples in Bible to _____ our ♥s. 1 Cor 10:6-13
- What we do _____ God's heart-checks really _____ .Prov 4:23

Those who conceal their sins do not prosper,
but those who confess and renounce them find mercy. Proverbs 28:13

2 WAYS TO DEAL W/HEART BLOCKAGES

- **Conceal** = To _____; _____ secret, out of sight. Gen 3:8-13; John 3:19-21
- **Confess** = "To _____ the _____" as God says. Psalm 51:4; 1 John 1:5-10
- **Renounce** = To _____ & abandon. Matt 5:23-30; Luke 19:8; 2 Cor 7:10-11
- **CHOOSE**— _____ thriving or knowing His _____? Psalm 32:3-5; 130:1-3

MY PART TO A CLEAN, HEALTHY HEART

- _____ to the LORD—start with who _____ . Psalm 51:1; 103:8-14; Luke 18:13
- _____ my sins & the _____ I've done. Daniel 9:4-19; Lk 15:21; James 5:16
- Make a _____ break & things _____ . Matt 5:23-24; Prov 26:11; Rom 12:18

If I had cherished sin in my heart, the LORD would not have listened;
But God has surely listened and heard my voice in prayer.
Psalm 66:18-19

THE GOOD NEWS WITH HEART-CHECKS

- Whenever I repent— _____ flows & _____ follows. Psalm 51:14-17

Search me, O God, and know my heart; test me and know my thoughts.
Point out anything in me that offends you,
and lead me along the path of everlasting life. Psalm 139:23-24

God's Warnings To Us In These Heart Checks

- Wk 1 **Cain** (Genesis 4): Jealous—led him to murder his own brother
- Wk 2 **Esau** (Gen 25-27; Heb 12:16-17): Godless—traded future for 1 meal
- Wk 3 **Balaam** (2 Peter 2:15-16; Numbers 22-25): Stubborn—to God's "no"
- Wk 4 **Achan** (Joshua 7): Covetous—saw & took what wasn't his
- Wk 5 **Samson** (Judges 13-16): Squandered his God-given potential
- Wk 6 **Samson** (Judges 13-16): Lustful—led by his flesh, not God's Spirit
- Wk 7 **Rehoboam** (1 Kings 12; 2 Chron 10): Wouldn't listen to wise counsel
- Wk 8 **Michal** (2 Samuel 6): Half-hearted—withheld worship from God
- Wk 9 **Gehazi** (2 Kings 5): Greedy instead of generous
- Wk10 **Uzziah** (2 Chron 26): Proud—forgot where his success came from

Have mercy on me, O God, according to Your unfailing love;
according to Your great compassion blot out my transgressions.
Wash away all my iniquity and cleanse me from my sin. Psalm 51:1-2

LORD, do I have **any bad habits** I'm hiding and holding onto?

LORD, **any wrong attitudes** You want me to admit & forsake?

LORD, **any bruised relationships** You want me to reconcile?

LORD, **any situations** where I need **to make restitution**?

LORD, **any words, thoughts or choices** I need to confess?

Blessed are those whose transgressions are forgiven, whose sin is covered.
Blessed are those whose sin the LORD does not count against them
and in whose spirit is no deceit. Psalm 32:1-2