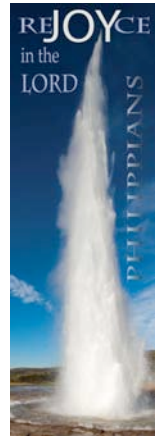


ReJOYce in the Lord
Life Group Questions – December 4, 2011
Pastor Jeff – (Philippians 4:8-9)



Connect

1. What has been on your mind this week? What have you found yourself thinking about often?

Study

1. Read Philippians Chapter 4, Verses 8-9 together as a group.
2. How are verses 8-9 related to what we learned about God's peace in verse 6-7 last week? Review the promise given in verses 7 and 9.
3. What amazes you most about our minds?
4. Why are our minds so important?
5. Read Philippians 4:8. List what Paul tells us we should be filling our minds with? What do we sometimes fill our minds with (thoughts that are not on this list)? Did you know that we can choose what to fill our minds with?
5. Read Philippians 4:9. Why isn't it enough just to think rightly? What else needs to happen?
6. Steve named three steps to experiencing victory in our minds (see also diagram on back of notes as well). What are they?
 - a. What practical steps do you need to take to "refuse" certain thoughts into your life?
 - b. Do you think "replacing" lies with the truth of Scripture can really set us free? What lies do you need to be set free from? Can the Bible help? What commitment do you have, or do you want to have, for regular study of the Bible?
 - c. Why do we struggle so much with "reacting," or *doing* what we know God wants us to do? What step of obedience do you need to take this week?
7. What is it going to take for *you* to experience victory and peace in your battle against shallow Christianity?
8. What is your biggest take-away this week?

Pray

Share prayer requests as a group, and ask one group member to close the group in prayer.