

# THE SERMON ON THE MOUNT (WEEK 14)

LIFE GROUP QUESTIONS – MAY 2, 2010  
PASTOR JEFF – WORRY (MT. 6:25-34)

## connect

1. What's your name?
2. Would you describe the family you grew up in as relaxed or prone to worry? What were some of the things you remember your family worrying over?

## study

1. Why do you think Jesus says "Do not worry" three times in this passage? List some ways worry can negatively affect us & those around us. Is there a difference between concern & worry? Explain.
2. Read Matthew 6:25-32 together. Jesus lists 3 things people commonly run after & obsess over. See any evidence of these 3 in our day? What are your top 3 worries? Share 1 with the group.
3. Jeff mentioned that since worry is fueled by lies we believe, Jesus reasons with us—that is, in these verses, He asks questions to make us re-think why we worry. Jeff gave 5 questions in the notes. What are they? Go around the group & tell which one stood out to you the most. Why?
4. Read Matthew 6:33. Worry is about control and what (or who) has first place in our lives. Why is it so important to keep surrendering control to God & seeking Him first? For instance, when He's not first in our hearts, what happens? *In your homework this week, look at 2 Chronicles 20 in the Bible to see how King Jehoshaphat dealt with an anxious time in his life and you can too.*
5. Jeff mentioned 4 ways the Bible says we can let God transform our worry. What are they? Go around the group and tell which one stood out to you the most, & why it did.
6. An action step. Take a few moments to make 2 brief lists. On the left side, write down the basic life needs that God has provided for you. On the right side, write down the basic life needs God has failed to provide for you. What do you learn from this exercise about God?

## pray

1. Pray that we will be men and women who are learning to turn our worries into trust in God.
2. Prayer requests – how can you specifically pray for each other this week?