

# MESSAGE NOTES

June 30, 2019

POURED OUT  
Psalm 13  
Pastor Jeff Nelson

- Bible says pray about \_\_\_\_\_, \_\_\_\_\_ our ways. Prov 3:6; Phil 4:6
- But is it \_\_\_\_\_ to talk to God about where we \_\_\_\_\_?
- In this "\_\_\_\_\_ - \_\_\_\_\_" life, prayer is like pouring out a \_\_\_\_\_.

Trust in Him at all times, you people;  
pour out your hearts to Him,  
for God is our refuge. Psalm 62:8

## WHEN WE FEEL FORGOTTEN BY GOD

- ① David \_\_\_\_\_ the LORD. \_\_\_\_\_ he asks, "\_\_\_\_\_?" 13:1-2
- *Hide Your face*=take away a conscious sense of Your \_\_\_\_\_.
- It's a painful time of \_\_\_\_\_, the light's gone out of his \_\_\_\_\_.

How long, LORD? Will You forget me forever?  
How long will You hide Your face from me? Psalm 13:1

- ② David \_\_\_\_\_ of the LORD. With \_\_\_\_\_ "\_\_\_\_\_." 13:3-4
- He desperately needs to know the LORD \_\_\_\_\_ & \_\_\_\_\_ him.
- *Give light to my eyes*= so I see what I \_\_\_\_\_ see & have \_\_\_\_\_.

But I trust in Your unfailing love, my heart rejoices in Your salvation.  
I will sing the LORD's praise, for He has been good to me. Psalm 13:5-6

- ③ David \_\_\_\_\_ to \_\_\_\_\_ in the LORD's unfailing love. 13:5-6
- He \_\_\_\_\_ to rejoice & sing His \_\_\_\_\_. Acts 16:25ff; 2 Chron 20:21-22
- He remembers \_\_\_\_\_ the LORD's been good \_\_\_\_\_. Ps 40:1-5
- Character \_\_\_\_\_ like these can lead to character \_\_\_\_\_.

## Practicing Psalm 13

### Pouring Out My QUESTIONS To God

How long, LORD?  
How much longer until...

### Pouring Out My REQUESTS To God

Look on me and answer, LORD my God.  
LORD, would You please...

### Pouring Out My RESOLVE To God

But I trust in Your unfailing love  
My heart rejoices in Your salvation.  
I will sing Your praise.  
Because You have been good to me in these times and ways...