

Message Notes

February 23, 2014

Give, Pray, Fast
The Reward of Fasting (Matt. 6:16-18)
Pastor Steve Patzia

- ◆ _____ we give, pray & fast as Jesus teaches, it brings _____.
- ◆ We need to _____ the practice of _____ in the church.

When You Fast...

But when you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. **Matthew 6:16**

- ❶ Fasting is *not* _____-righteous _____. (Mt 6:1, 16-18; Lk 18:9-14)
- ❷ Fasting is *not* a way to _____ God. (Zec 7:5)
- ❸ Fasting is *not* _____ to gain God's _____. (Isa 58:3-7; Gal 3:1-3)
- ❹ Fasting is *not* _____.
- ◆ Fasting *is* _____ from _____ for a _____ purpose.
- ◆ There are _____ types in Scripture: _____, normal & _____ fasts.
- ◆ We may also need to fast from: _____, _____, our _____, etc.
- ◆ Jesus made it clear His disciples _____ fast _____. He was _____.

Jesus answered, "How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast. **Matthew 9:15**

- ◆ God is more concerned about our _____ for fasting than _____.

The Purpose of Fasting

- ❶ The _____ reason to fast is to _____ to the _____.
- ◆ In fasting we give up _____ to "_____ " on God. (Mt 4:4; Jn 4:32-34)
- ❷ In fasting we can also _____ the Lord for _____ in our lives.
- ◆ Breakthrough *from* what _____ us, _____; *for* _____, _____ loved ones & _____. (Neh 9:1; Esth 4:16; Mk 9:29; Ac 9:9; 1 Cor 6:12)

But seek first His kingdom and His righteousness, and all these things will be given to you as well. **Matthew 6:33**

- ◆ Is my heart's _____ to draw _____ to the _____? (Mt 6:18)