

MESSAGE NOTES

July 31, 2016

THE BLESSING: Meaningful Touch
Mark 10:13-16
Pastor Jeff Nelsen

- The blessing = _____ and _____ that convey affirmation.
- God wants us to _____ the blessing so we can _____ the blessing.
- The Bible describes _____ when the blessing is given.

Then Israel said, "Bring them to me, so I may bless them...Israel reached out his right hand and put it on Ephraim's head...." **Genesis 49:9,14**

APPROPRIATE MEANINGFUL TOUCH

- Is something _____ as part of our _____ makeup.
- Bible shows Hebrew parents _____. Gen 27:25-29; 48:8-14; Lk 15:20
- We see _____ touching children & _____. Mark 10:16; Lk 4:40; 8:54
- Is _____ considerate, respectful & _____ a person.
- Never _____, exploits, controls, or _____ down a person.
- Can greatly _____ one's emotional & physical _____.
- Jesus has come to _____ the _____ w/blessing. Luke 5:12-13

And [Jesus] took the children in His arms,
placed His hands on them and blessed them. **Mark 10:16**

PRACTICING THE BLESSING

- Without _____ - _____, determine my _____ point w/touch.
- Ask God: _____ and _____ can I affirm with appropriate touch?
- Cry to Jesus: Please _____ me then _____ me to pass it on.

5 Elements Of The Blessing

The blessing as described in Scripture included these five elements
(Special thanks to John Trent & Gary Smalley for their book entitled, *The Blessing*)

Meaningful Touch

Appropriate physical warmth and affection

Spoken Words

Verbalizing a positive and love message (spoken or written)

Expressing High Value

Communicating that one is valued and accepted

Picturing A Special Future

Helping one see and believe they can live a fruitful life

An Active Commitment

Willingness to do everything possible to help one be successful

My Family Experience

Destructive touch

No physical touch

Healthy physical touch

My Own Practice

Destructive touch

No physical touch

Healthy physical touch
